

Interstate Insider

I n t e r s t a t e R o o f i n g & W t p . , I n c .

April

Birthdays

Paul Langen—4/18
Denny Heiller—4/25
Andrew Servais—4/30

April

Anniversaries

Charles Kasten—40 yrs
Michael Fiebig—26 yrs
Nancy Schiffer—17 yrs
Steve Hodson—11 yrs
Allen Anthony— 8 yrs
Lee Koltermann—7 yrs
Stanley Lang—5 yrs
Andrew Servais—4 yrs
Brent Hicke—2 yrs
Jared Ross—2 yrs

Tobacco Free Jobsites

More and more jobsites are going tobacco-free, and the majority of our contracts now include a tobacco-free provision. On July 5th, smoking will be officially prohibited in workplaces in Wisconsin. A recent article in the newspaper stated that this also includes work vehicles with more than one person in them.

We ask you respect the rules of these jobsites which choose to be tobacco-free, and understand that soon most jobsites, if not all, will have tobacco-free provisions.

I would like to remind you of the new Tobacco Cessation Benefit by Health Tradition. All employees and family members covered under our health plan (18+ yrs) are eligible. The benefit covers in-person or over-the-phone counseling, and up to \$500 worth of over-the-counter nicotine replacement medications and prescription medications (with a modest co-pay). You are required to be enrolled in counseling (either in-person or over-the-phone) to participate in the benefit. The plan will cover two quit attempts per year and four quit attempts per lifetime.

To learn more about the **in-person counseling** option at La Crosse and Sparta locations, call 1-877-778-8771 or 608-392-8771.

To learn more about the **phone counseling** option through the Mayo Clinic Tobacco Quitline, call 1-877-817-0936.

2010 Annual Interstate Roofing Safety Meeting

The 2010 Annual Interstate Roofing Safety Meeting, mandatory for all employees, will be held on Friday, April 23rd at Cedar Creek in Onalaska. The meeting will start at 7:30 a.m. and will go until early afternoon. Lunch will be provided.

MSDS Update

In order to be in compliance with OSHA, MSDS binders containing all of our MSDS sheets will be created and issued to our crews, vehicles and job trailers. Instructions on how to read and look up MSDS sheets will be covered in the April 23rd Safety Meeting.

Our new emergency response is now through 3E Company. **Do not use anything with InfoTRAC on it. Remove all InfoTRAC stickers or markers of any type.** Some of you have I.D. cards with InfoTRAC information on the back, please cross out or cover with tape. New I.D. cards will be issued this year.

3E Company emergency number: 1-800-451-8346

Safety Monitors and Warning Lines

Responsibilities

- Must be a competent person
- Recognizes fall hazards
- Warns employees of dangers

Requirements

- Safety monitor must be set out from the rest of the crew (ex: different colored vest).
- They must have no other responsibilities that interfere with their primary duty of being a safety monitor.
- Must be on the same working level and within visual sighting distance of the employee being monitored.
- Must be close enough to communicate orally with the workers.
- Must be used in combination with warning line system.

Warning Lines

- Must be on all sides and 6 feet from the edge; 10 feet if mechanical equipment is being used.
- Used on roofs with slopes of 4:12 or less.
- Points of access shall be connected with a path of two warning lines to the work area, with a closing gate device.
- Lines should be able to withstand 500 lbs and should be flagged at 6 foot intervals.
- The line should be suspended in the range of 34" to 39".
- Stanchions should be able to withstand 16 lbs of pressure to prevent tip over.
- No one can be outside of the warning lines unless they are directly involved in roofing operations and are protected by a safety monitor or fall protection.
- Mechanical equipment cannot be used or stored where safety monitoring systems are used.

EAP: Understanding Loss Created by Change

With almost any life change comes some level of loss. Even when the change is a positive one, there will be a sense of life now being "different." One way to cope with the loss involved with change is to acknowledge what is happening and talk with someone about how the loss feels to us. The Employee Assistance Program has counselors available to assist employees in making a healthy adjustment to change and loss. This service is a free, confidential benefit to employees provided by Interstate Roofing.

To talk with an EAP counselor, call 775-4780 or 1-800-327-9991. You may also check out the EAP web site at www.gundluth.org/eap.

Reminders

- **Roofer Foremen's Meeting:** Date: April 5th, Place: Main Office, Time: 6:30 A.M.
***Crane operators' attendance required**
- **Sheet Metal Foremen's Meeting:** Date: April 12th, Place: Main Office, Time: 6:30 A.M.
- 10-hour OSHA training is taking place on April 16th at AMS, 6:30 a.m. to 4:30 p.m. If you are required to go, you should have received a letter with your paycheck notifying you.
- Inspection tape color on all extension cords switches to green on April 1st.